

Weakley County School Nutrition Program




Dresden High School

September 2019

Milk choice & Fruit choice offered daily

“This institution is an equal opportunity provider.”

Menu is subject to change without prior notice.

Monday	Tuesday	Wednesday	Thursday	Friday
2 NO SCHOOL	3 Yogurt	4 Chicken Slider	5 Banana Bread	6 Gravy & Biscuit
	Mini Corndogs Philly Steak and Cheese Sub Fresh Side Salad Fries	Chicken Nuggets w/ Hot Roll Deli Sub Seasoned Potatoes Bacon Green Beans	Asian Chicken Beef Dippers Hot Roll Fried Rice Stir Fry Carrots w/ Ranch	Rib Sandwich Chicken Philly Steamed Broccoli Sweet Potato Variety Don't forget Grandparent's Day - Sunday 
9 Powdered Sugar or Chocolate Donuts	10 Breakfast Pizza with Gravy	11 Breakfast Egg & Cheese Sandwich	12 Sausage & Biscuit	13 Chicken Bites and Donut Holes
Chic-fil-A style Sandwich Fish Sandwich Cheese Lettuce, Tomato, Pickles Waffle Fries Slaw	Chuckwagon Popcorn Chicken Macaroni & Cheese Hot Roll Glazed Carrots Green Beans World Suicide Prevention Day	Pollo Loco Chicken with Cheese & Rice Soft Shell Taco Shredded Lettuce & Diced Tomato Chips/Salsa/Sour Cream Fiesta Refried Beans	Chicken (2) Pork Tenderloin (1) Biscuit (2) Gravy Tater tots Cherry Tomatoes	Grilled Cheese Turkey & Gravy w/ Hot Roll Steamed Broccoli and Cheese Baked Potatoes w/ toppings Mixmi Frozen Yogurt Treat *NEW
16 Cocoa Bread	17 Oatmeal	18 Chicken Biscuit	19 UBR (Oatmeal Breakfast Cookie)	20 Pancake on a Stick
Corndog Cheese Sticks w/ Marinara Carrots w/ Ranch Seasoned Fries	Beef Nachos Crispitos Nacho Cheese Salsa Potato Wedges Fresh Broccoli and Ranch	Bacon Cheeseburger Chicken Fajita Lettuce, Tomato, Pickles, Onion Fajita Veggies Fries Air Force Birthday	Early Dismissal – No Lunch Served  12:00 – 6:00	Chicken Tenders w/ Hot Roll Manwich Sloppy Joe w/ Bun Cheesy Potatoes Green Beans POW/MIA Recognition Day
23 Blueberry Stick	24 Muffin & String Cheese	25 Sausage and Biscuit	26 Pop-Tart (2ct)	27 Bacon, Egg, & Cheese Breakfast Pizza
Stuffed Crust Pizza Burrito Corn Pinto Beans	Poppy Seed Chicken or Country Fried Steak with gravy Mexican Cornbread Black-eye Peas Cabbage	Chicken Drumstick Meatloaf Hot Roll Green Beans Mashed Potatoes w/ Gravy	Beef Rotini (like Lasagna) Chicken Rings Hot Roll Sweet Potatoes Fresh Side Salad	Pork Chopette w/ Hot Roll Frito Chili Pie Carrots w/Ranch English Peas
30 Cereal Bowl	<p>No one can make you feel inferior without your consent. Eleanor Roosevelt</p> <p>This Month's Challenge: Write down 5 things you LOVE about yourself. #selfloveSeptember</p>			
Parmesan Chicken w/ Garlic Toast Meatball Sub Cucumbers w/Ranch Glazed Baby Carrots				